



Continuum of Care for Youth at High Risk

SPOA – TOMPKINS COUNTY

Information

Resources

Responsibility

PARENT HANDBOOK

Continuum

(kən-tĭn'yū-əm)

A continuous extent, succession,
or whole, no part of which can be

distinguished from neighboring parts.

About this Handbook

The Tompkins County Single Point of Accountability team created this handbook for families and people working with families.

Page 3 is a description of the continuum of care in our community. Services for young people are listed from least restrictive to most restrictive.

Page 5 is a list of some local community-based supports and services which may be helpful for young people and their families.

The remaining pages of the handbook give detailed descriptions of many of the local programs for youth most at risk and in need of more intensive or restrictive services. They include information about the services most often considered by families with SPOA, and questions frequently asked about those services.

We encourage you to find out more about the programs you and your child may be interested in by calling the contact people listed. We encourage parents to participate in the programs their child is involved with. Many of the programs for youth are more successful when parents are involved too.

We hope the information in this handbook is helpful to you.

About the Single Point of Accountability Team

The Single Point of Accountability – or SPOA – team works in partnership with families to assess a youth’s strengths and needs and provide support by sharing responsibility, information, resources and expertise among those working with families.

The SPOA team meets with families, and youth if appropriate. We meet on Thursday mornings to develop and coordinate a local community-based care plan as an alternative to a more restrictive placement or to help select a placement at the least restrictive level to meet a youth’s needs. Our goal is to help families get the services they want and need.

Family members are invited to request a SPOA meeting if a youth needs more support to safely remain in their home or community. When Intensive Case Management, Home and Community-Based Services Waiver services, detention, or group home or institution placement is recommended, a SPOA team meeting is necessary. SPOA meetings are scheduled by contacting Paul Winkelman at the Youth Advocate Program at 277-5254.

SPOA Team Members

A parent advocate is available to assist all families involved with SPOA. Contact Tommy Miller at Catholic Charities (607) 272-5062 ext. 28.

Marisa Matsudaira <i>DAP Services</i>	Diana McComb <i>Drug and Alcohol Council</i>	Tommy Miller <i>Catholic Charities</i>
Maryanne Banks, Krissy Hendley, Todd Hussick & Adam Scholl <i>Tompkins County Social Services</i>	Jan Gorovitz <i>Tompkins County Probation</i>	Gretchen Rymachyk <i>Glove House</i>
Joe Lyman <i>Mental Health Clinic</i>	Paul Winkelman <i>SPOA Coordinator</i>	B.G Downing <i>Elmira Psychiatric ICM</i>
Tom Cleland/Christiane Linster <i>Community Members/Parent Support</i>	Norma Whatman <i>Pathways Waiver Program</i>	Kelly Pia Miller <i>Law Guardians office</i>
	Pat Vincent <i>Mental Health Association</i>	Trudy Pantalia <i>Bridges for Youth and Families</i>

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Continuum of Care for Youth at High Risk Tompkins County

COMMUNITY SERVICES FOR YOUNG PEOPLE

Services Provided	Agency	Phone
Counseling – information about providers of counseling/mental health evaluations	Mental Health Association	(607) 273-9250
Counseling – sliding fee	Family & Children's Services (F&CS)	(607) 273-7494
Counseling – sliding fee	Mental Health Clinic	(607) 274-6200
Domestic violence services	Advocacy Center	(607) 277-5000
Educational advocacy with Committee on Special Education	Legal Aid for Broome & Chenango, Inc. Legal Services of Central New York	(607) 723-7966 (315) 475-3127
Education – Committee on Special Education	CSE Chair at school	
Emergency assistance	Catholic Charities of the Southern Tier	(607) 272-5062
Emergency assistance	Tompkins County Social Services	(607) 274-5345
Emergency shelter	American Red Cross of Tompkins County	(607) 273-9177
Friends/relatives who give youth place to live and/or support them	Bridges for Youth and Families	(607)275-0067
Family Planning	Planned Parenthood	(607)273-1513
Information about human services	Information & Referral < ir.tompkins.ny.us >	(607) 272-9331
Information about youth services	Tompkins County Youth Services Dept.	(607) 274-5310
Life skills, vocation, GED	BOCES	(607) 257-1551
Mediation, school problems, Choices program	Community Dispute Resolution Center (CDRC)	(607) 273-9347
Respite, Parent support Groups	Mental Health Association	(607) 273-9250
Parenting classes and support group	Cornell Cooperative Extension	(607) 272-2292
Private placement consultations	Dr. George Posner	(607) 273-5400
Runaway counseling	Bridges for Youth and Families	(607) 275-0067
Safe choices and decision making	Planned Parenthood of Tompkins County	(607) 273-1513
SANE-Sexual Assault Nurse Examiner	Cayuga Medical Center	(607) 274-4411
Sexual abuse	Advocacy Center -Youth Sexual Abuse Services	(607) 277-3203
Substance treatment	Cayuga Addiction Recovery Services	(607) 273-5500
Substance treatment -- Alanon	Alcoholism Council for listing	(607) 274-6288
Substance treatment and education, peer education	Alcoholism Council	(607) 273-1541
Teen pregnancy and parenting	Teen Pregnancy & Parenting Program	(607) 273-1055
Youth employment	Youth Employment Services (YES)	(607) 273-8364
	Learning Web Apprenticeships	(607) 275-0122
	Tompkins County Workforce Development	(607) 272-7570
Youth employment (16-21)	New York State Job Corps	(315) 478-5529

Program: Bridges for Youth and Families

Name: Trudy Pantalia

Address: 120 West State Street, Ithaca, NY 14850

Phone Number: (607) 275-0067

Description of Program and Services:

Berkshire Farm operates the Bridges for Youth and Families Program, an Interim Host Home Program, for runaway, throwaway, homeless and at-risk youth.

- 24-hour crisis intervention, including face to face contacts evenings and weekends as needed
- Wraparound case management
- Advocacy with community and governmental agencies
- Short-term solution focused individual and family counseling
- Individual and group counseling and skill building
- Family counseling and mediation
- Individualized service plans which are strength based, goal directed, and action oriented
- Short-term out-of-home placements with New York State Certified Interim Host Homes
- Transportation
- Social, educational, and recreational opportunities designed to improve self-esteem, social functioning, and independent living skills
- LGBTQ youth support group

Criteria for Admission (include age, income limits):

- Runaway, throwaway, homelessness, at risk youth
- Under the age of 21
- **No income requirements or means test**

Cost to Client: None

Program performance targets expected or achieved:

- Family reunification when appropriate
- Rebuilding family relationships, even if the youth does not return home
- Linkages to longer term support services
- Strength-based wraparound service approach

Program: Probation Intake & Designated Assessment Services

Name: Jan Gorovitz, Tompkins County Probation Department

Address: 320 West State Street, Ithaca, NY 14850

Phone Number: (607) 274-5380

Description of Program and Services:

- The PINS program works with youth and families on a voluntary basis regarding issues of running away, school truancy, and/or repeated incorrigible behavior in the home, school or community.
- The PINS program offers supervision, needs assessment and help connecting with community referrals.
- PINS Diversion gives youth the opportunity to resolve any presenting problems before intervention by the Family Court is initiated.

Criteria for Admission (include age, income limits):

- Age 7 to (up to) 18 years
- No income limits

Cost to Client: None

Program performance targets expected or achieved:

Connections with appropriate community resources, improved school attendance/performance and improved family relations.

Client outcomes expected or achieved:

Improved performance in school and more communication/less conflict with family members.

Program: Person In Need of Supervision (PINS) Diversion Services

Name: Jan Gorovitz, Tompkins County Probation Department

Address: 320 West State Street, Ithaca, NY 14850

Phone Number: (607) 274-5380

Description of Program and Services:

PINS is a term used to describe a youth with a pattern of behavior problems, such as habitual disobedience, running away, curfew violations, drug or alcohol abuse, violent behavior or school truancy. The PINS Diversion Program offers assistance to youth and parents who are experiencing conflict because of any one, or a combination, of the problems listed above. Diversion Services will attempt to identify what is driving the PINS behavior and offer supervision, advocacy, and assistance finding the right supportive services in the community that will work towards reducing the risk and changing the behavior. PINS Diversion Services gives the youth and parent the opportunity to resolve any presenting problems before intervention by the Family Court is initiated. There is no specific time limit for PINS Diversion Services.

Criteria for Admission (include age, income limits):

- Under the age of 18
- No income limits

Cost to Client: None

Program performance targets expected or achieved:

Connections with appropriate community resources. Improved school attendance/performance. Reduce family conflict. Avoid Family Court intervention.

Client outcomes expected or achieved:

Improved performance in school. More communication/less conflict with family members. Identification and access to community resources.

Program: DSS Preventive and Protective Services

Name: (Preventive for Families with Adolescents) Krissy Hendley #274-5270 (Preventative for Families) #274-5627 Donna Scott (Protective) Todd Hussick #274-5321

Address: 320 West State Street, Ithaca, NY 14850

Phone Number: (607) 274-5320

Description of Program and Services:

- **Preventive:** Family assessments, arranging for services, coordinating services. Casework counseling and/or case management approximately two times per month. Array of services and referrals available: day care, homemaker, family planning, home management, clinical evaluations and services, parenting classes, transportation and (limited) housing services, support group & clinical services for adoptive parents.
- **Protective:** Engagement with families and community supports in creating safe options for children in their homes. Protective services may also investigate and file petitions of abuse or neglect in Family Court on behalf of children when children need the protection of the Court.

Criteria for Admission (include age, income limits):

- **Preventive:** Family must be willing to work with DSS and child must be at imminent risk of foster care. Sometimes services are court ordered by Family Court through a JD PINS proceeding or a child abuse and neglect proceeding.
- **Protective:** There must be a report to the State Central Registry of Child Abuse and Maltreatment. The response is a family assessment or an investigation. For ongoing protective services there must have been some credible evidence a child was abused or neglected. Family must be willing to work with DSS or there must be a court order for services.

Cost to Client:

If the family has health insurance or Medicaid, we ask families to use that resource for applicable services. If the child enters foster care, the family is required to pay child support.

Program performance targets expected or achieved:

Preventive: Prevent disruption of the child from the family. Approximately 75% of families do not have their child placed in foster care.

Protective: Protect child from abuse and neglect, prevent further abuse or neglect. Approximately 85% of children will not have another indicated report of child abuse and neglect within 6 months.

Client outcomes expected or achieved:

Improvement in family functioning, improved performance for child at home, school and community.

Program: Mental Health Intensive Case Management

Name: Debbie Strite

Address: Tompkins County Mental Health, 201 E. Green St., Ithaca, NY

Phone Number: (607) 274-6200

Description of Program and Services:

- Intensive case management
- Assessment of child and family needs and development of a plan with them to meet goals
- Needs could include any issues that affect the child and family, including mental health economic, education or work-related needs, social connections, family relationships, self-care, transportation, recreation, physical health, substance abuse, and living arrangements
- Provide supportive counseling to the child and family, as an adjunct to therapy
- Make collateral contacts with therapists, schools, and other service providers
- Attend meetings with the child and or family
- Provide one-to-one support for each child
- Use wrap around funds to assist the child and family with their needs
- Maintain a case record

Criteria for Admission (include age, income limits):

- Child must be under 18 and have a mental health diagnosis
- Family must live in Tompkins County
- Child should be receiving therapy
- Children in treatment foster care or a higher level of residential care are not eligible for this program
- Must be referred through SPOA
- 75% of caseload must be Medicaid eligible

Cost to Client: None

Program performance targets expected or achieved:

Almost all children are discharged from the program successfully, having met the goals they have developed

Client outcomes expected or achieved:

Reduce parent child conflict

Improve school functioning

Improve child's social skills

Program: Dispositional Alternatives Program (DAP)

Name: Marisa Matsudaira

Address: 127 W. State St., Ithaca NY 14850

Phone Number: (607) 273-7494

Description of Program and Services:

Community based intensive case management program providing:

- Mentorship
- Case coordination
- Family support
- Group and 1:1 activities for youth who are at risk for out of home placement or have become involved in the juvenile justice system.
- Length of service is 9-12 months. While admission is voluntary, we are designated as a mandated service and families receiving DAP services should be aware that they must be willing to become an open preventive case with Tompkins County DSS.

Criteria for Admission (include age, income limits):

- Age: 7-17 years
- Must be a resident of Tompkins County
- Must have open or be willing to open preventative case through Tompkins County DSS
- Must be at high risk for out of home placement or involved in the juvenile justice system
Must be willing to participate voluntarily

Cost to Client: None

Program performance targets expected or achieved:

Prevent out of home placement during enrollment and three months post discharge; improved school outcomes in the area of behavior, academics, and truancy; maintain or decrease level of court involvement for adjudicated youth.

Client outcomes expected or achieved:

We strive to strengthen families and engage youth in pro-social activities based on their interests. Youth and parents are empowered to set goals and achieve them through accessing resources, understanding limits, and encouraging success. Over the last 10-years DAP has successfully diverted 92% of youth in the program from out of home placement.

Program: EPC Children and Family Intensive Case Management

Name: B.G. Downing

Address: 201 East Green Street, Ithaca, NY 14850

Phone Number: (607) 342-2329

Description of Program and Services:

- Intensive clinical case management services to 12 severely emotionally disturbed youth and their families. Services include:
- Comprehensive assessment to ascertain needs (including mental health, economic, education, social connections, recreation, vocational, physical health, substance abuse and living arrangements)
- Comprehensive service plan to address identified needs and recovery strategies
- Linkage, planning, assessing and advocacy/family support to establish, maintain and enhance useful connections to a variety of services
- Working relationships with the family that incorporate a clinical understanding of the dynamics along with practical recognition of day-to-day needs
- Crisis and safety plan and after-hour accessibility
- Meet with the child/youth at least three times per month and collaterals at least once/month
- Attend meetings and treatment sessions as needed with the youth and family
- Coordinate activities and care in conjunction with other service providers
- Maintain records, case management chart, and wrap-around budget

Criteria for Admission (include age, income limits):

- Age: 5-18. Upper age can be extended if still in high school and needs ICM services
- Must be a resident of Tompkins County
- Must be severely functionally impaired in two areas of the “functional assessment” in the referral packet and meet regulations regarding the medical necessity for case management
- Must be SED (severely emotionally disabled) as defined by an axis I diagnosis
- Must be either at risk for psychiatric hospitalization or have experienced psychiatric admission and/or be facing out-of-home placement
- Must be willing to participate voluntarily, i.e., no court-ordered placements
- 75% of caseload must be Medicaid eligible
- Must be referred through SPOA

Cost to Client: None

Program performance targets expected or achieved:

Maintain full caseload of 12, screen clients as they are referred and establish waiting list/make further referrals as necessary

Client outcomes expected or achieved:

The ultimate goal is to allow the youth to remain in the least restrictive environment with the most useful and appropriate level of care in place. The ICM program aims to establish a partnership with families and assist them with the development of a recovery plan that incorporates family strengths and community resources to address indentified needs.

Program: Tompkins County Mental Health Association

Name: Patricia Vincent

Address: 614 S. State Sreet, Ithaca NY 14850

Phone Number: (607) 273-9250

Description of Program and Services:

- Respite care for children and youth, where there is a mental health diagnosis of adult in family; where child/youth is severely emotionally disturbed or has a mental health diagnosis; where child/youth has OMRDD diagnosis
- Six hours weekly or emergency respite available
- We can do respite for foster/adoptive families
- We have a large waiting list

Criteria for Admission (include age, income limits):

- 0-18 mental health diagnosis or parental diagnosis in household
- No age limit OMRDD diagnosis
- No income limit

Cost to Client: None

Program performance targets expected or achieved:

Socialization skills, one-on-one respite, group activities as needed

Client outcomes expected or achieved:

Help the child and family stay together

Program: Respite/Adolescent Crisis Residence

Name: Barbara Barnes, Program Manager

Address: 425 Robinson Street, Binghamton, NY 13901

Phone Number: (607) 773-4609 or (607) 773-4625

Description of Program and Services:

- Planned respite for adolescents, 3-5 days once per month

Criteria for Admission (include age, income limits):

- Must be 13-18 years of age
- Must be in treatment with mental health provider

Cost to Client:

None

Program performance targets expected or achieved:

Provision of hospitalization and long-term placement and allow families to stay together

Client outcomes expected or achieved:

Our mission is to relieve stress in families, to avoid crisis in the future, and to provide a safe, structured environment for adolescents to stay in while working through difficulties

Program: Youth Advocate Program

Name: Jerame Hawkins, (Director) Jennifer Oursler, (Assistant Director)

Address: 423 First Street, Ithaca NY 14850

Phone Number: (607) 277-5254

Description of Program and Services:

- Strength-based wrap-a-round program, approximately 6 – 9 months for youth as an alternative to residential placement, or, who are in residential placement, to help them return successfully sooner
- Assessment of needs, resources, and strengths with families
- Development of a service plan which builds on strengths and resources to meet needs
- One-to-one advocate support, mentoring, respite, supervision including 24 hour supervision in certain situations, skill building, community linkages, support network development and job or volunteer experiences

Criteria for Admission (include age, income limits):

- Age 13-18
- High risk of residential placement or in residential placement to receive support to come back to the community sooner
- Receiving DSS preventive or foster care services
- Referral by DSS

Cost to Client: None

Program performance targets expected or achieved:

Avoid placement in residential care or return from residential placement to the community sooner than otherwise

Client outcomes expected or achieved:

Youth in the program will improve in functioning in the home, school, and the community. Youth will decrease unsafe behaviors and improve family functioning. Youth will recognize and develop strengths. Youth and families will be empowered to make positive changes that encourage healthy development. Youth will learn and develop the skills needed to maintain

within their home and community. Youth will utilize their family and community as natural supports.

**Program: Multi Systemic
Therapy**

**Name: Paul Rhudy,
LCSW**

**Address: 320 W. State Street, Ithaca, NY
14850**

Phone Number: (607) 274-5028 Cell Number: (607) 279-9949

Description of Program and Services:

- Multi Systemic Therapy (MST) is a family- and home-based treatment that strives to change how youth function in their natural settings – home, school and neighborhood – in ways that promote positive social behavior while decreasing antisocial behavior. The MST model, developed in response to the lack of scientifically validated, cost-effective treatment options, has proven effective in reducing antisocial behavior among diverse populations of serious and chronic juvenile offenders. This “multi systemic” approach views individuals as being surrounded by a network of interconnected systems that encompass individual, family and extrafamilial (peer, school, neighborhood) factors and recognizes that intervention often is necessary in a combination of these systems. Based on the philosophy that the most effective and ethical route to help children and youth is through helping families, MST views parents or guardians as valuable resources even when they have serious and multiple needs of their own. The primary goals of MST are to: reduce youth criminal activity, reduce other types of antisocial behavior such as drug abuse, and achieve these outcomes at a cost savings by decreasing rates of incarceration and out-of-home placement.
- MST typically uses the family preservation model of service delivery, where therapists work with 4-6 families and are available 24 hours a day, 7 days a week, and provide services in the family’s home at times convenient to them. The average length of treatment is about 60 hours of contact provided during a 4-month period, although the length of service can range from 3 to 5 months.

Criteria for Admission (include age, income limits):

- MST works with youth ages 10-18.
- The children must be receiving child welfare services from the Tompkins County Department of Social Services.
- MST is to be used as an alternative to out-of-home placement (i.e., long-term placement and detention, diagnostic placement and placement).
- MST has not proven to be an effective intervention with children who are actively suicidal, homicidal, psychotic, and engaged in sexually predatory behavior.

Cost to Client: None

Program performance targets expected or achieved:

Reduces the barriers that keep families from accessing services. Empower parents by using identified strengths to develop natural support systems (e.g., extended family, neighbors, friends and church members). Remove barriers (e.g., parental drug abuse, high stress, and poor relationship with mates). Improve their capacity to function as effective parents.

Client outcomes expected or achieved:

Following treatment, youths that received MST reported less aggression with peers and less involvement in criminal activity than youths receiving more typical services. Moreover, families receiving MST reported significantly more cohesion than non-MST families. Importantly, MST was equally effective with youths and families with different strengths and weaknesses and with families of divergent socioeconomic and racial backgrounds. Studies with violent and chronic juvenile offenders showed that MST reduced long-term rates of re-arrest by 25 to 70% in comparison with control groups. Long-term follow-up studies showed that MST reduced days in out-of-home placements by 47 to 64% in comparison with control groups. Finally, research indicates that the effects of MST last beyond MST's involvement, with up to 70% of clients not being placed out of the home six months after MST service ended.

Program: OMH (Office of Mental Health) Waiver through Pathways Inc.

Name: Norma Whatman, Program Coordinator or Barbara Christian, ICC

Address: 401 East Green Street, Room 420 (Ithaca Office)

**Phone Number: Norma Whatman (607-937-3200 or 607-426-4454)
Barbara Christian (607) 274-6213**

Description of Program and Services:

The Waiver Program has wrap around services that provide support to youth with serious mental health challenges and their family. The services are provided primarily in the youth's home.

The services provided to each family are:

- Individualized Care Coordination (case management)
- 24/7 phone crisis response
- Intensive in-home Service
- Hourly Respite
- Skill Building
- Parent Advocate/Family Support

Criteria for Admission (include age, income limits):

The youth:

- Is at least 5-years old would need to be enrolled prior to their 18th birthday
- Demonstrates complex mental health needs
- Meets the criteria for serious emotional disturbance
- Has a mental health diagnosis and meets the criteria for serious emotional disturbance
- Has complex mental health needs which requires more than 1 agency or system to be involved
- Has parents/guardians that provide a viable living environment and who are willing to participate in services provided
- For enrollment, SPOA approval is needed and the LGU (Local Governing Unit) needs to sign a Level of Care.

Cost to Client:

This is a Medicaid funded program, however, Medicaid eligibility is based solely on the child's income/resources, so children from a wide range of socio-economic backgrounds are eligible. If the youth does not have Medicaid, Waiver staff will assist in the application process.

Program performance targets expected or achieved:

Reduce the need for inpatient psychiatric hospitalization or a higher level of care

Client outcomes expected or achieved:

Child and family have an awareness of their strengths, have increased coping skills, and increased knowledge of community resources to avert the need for hospitalization.

Program: Tompkins County Dept of Social Services (DSS) Foster Care

Name: Youth & Family Services

Address: 320 W. State Street, Ithaca, NY 14850

Phone Number: 274-5270 (Krissy Hendley)

Description of Program and Services:

Youth live temporarily in **foster homes** of friends, family members or others. Foster parents are certified and trained and meet requirements annually. Foster parents provide temporary care and nurturance of the child in a family setting, and work with the treatment team including the young person's family, DSS caseworker, school and others. Medical care is provided through Medicaid and/or the family's health insurance. Youth and families often receive community-based services as well, including recreation, counseling and substance abuse services.

Treatment foster care and **therapeutic foster care** are foster homes with a behavior modification program or therapeutic services on-site.

Group homes are non-familial settings staffed by trained child care workers and social workers where 10-12 youth live with 24-hour supervision, receive community-based services and attend school on campus or in the community.

Diagnostic Facilities licensed by OCFS, short-term, 30-60 days, residential diagnostic services.

Inpatient Substance Abuse Treatment Centers

Residential treatment centers are facilities licensed by the Office of Children and Family Services and attend school on campus or in the community, medical, social work, psychological, psychiatric services on-site. Some facilities specialize in specific treatments such as substance treatment or sexually offending and sexually reactive behaviors.

Residential treatment facilities are facilities licensed by the Office of Mental Health. Youth attend school on campus. Medical, social work, psychological and psychiatric services are provided on-site.

With some exceptions, if the child is in foster care for 15 months, the Department is mandated to file a petition to terminate parental rights.

Criteria for Admission (include age, income limits):

Children from birth to 18 years of age or up to 21 if in school or approved educational program. Children must be in the temporary custody of DSS by order of the Family Court. Preventive services (pg. 6) and outpatient services must be provided before placement if appropriate. Relative placement resources must be explored before placement. The child must be placed at the least restrictive level to meet his or her needs.

Cost to Client:

The cost of care is paid by Tompkins County DSS with local, state and federal funds and Medicaid. Parents or legal guardians and step-parents are required to pay child support, the amount is determined by the Child Support Standards Act law and local court, typically 17% of the family's income for one child. In addition, the family is typically required to provide health insurance coverage if they have access to it.

Program performance targets expected or achieved:

The foster care program targets are safety, stability and permanency. The program is more successful when parents are involved. It is also recommended that parents and youth see and learn about the placements ahead of time (pre-placement visit).

Client outcomes expected or achieved:

It is expected children will be safe, will not have to experience multiple placements, will remain connected to their families and communities and that a more permanent living arrangement will be achieved quickly. In 2009, most children in foster care were in foster care for 1-2 years. 52% of children who left foster care went home, 36% were adopted, and 10% went to independent living, another state agency, or another district.

Program: Group Home/Glove House

Name: Jay Travers (607)734-5238 ext. 45

Address: 220 Franklin Street, Elmira, NY

Phone Number: (607) 734-5238 extension 45

Description of Program and Services:

- Glove House, Inc. is a not-for-profit agency that seeks to empower children and families to live successfully within their neighborhoods.
- Through locally provided services, which include prevention, crisis stabilization, counseling, advocacy and the creation of positive learning environments, Glove House partners with families and the community to create positive outcomes.
- Glove House provides family counseling, and support by w masters level clinician, to work with families to enhance family functioning.
- Glove House provides residential placement locally. Residents attend community schools. Residents are supervised twenty-four hours a day and are assisted in developing as young people by residential counselors.
- The group home program also provides anger management training, independent living training, and therapeutic recreation.
- Family involvement is strongly encouraged.
- Children go on home visits after an initial orientation period in order to maintain family relationships and practice new skills.

Criteria for Admission (include age, income limits):

- Children in this program must be in the custody of the Department of Social Services or New York State Office of Children & Family Services.
- The program serves males and females, ages 10-18, who reside in Central and Western New York.

Cost to Client:

Glove House does not bill clients directly for services. Payment for services is received from the local Department of Social Services. When a child is in the custody of the Department of Social Services, the parents are required to pay child support to the Department and carry the young person on their health insurance, if available.

Program performance targets expected or achieved:

To keep children in their communities. To enhance the functioning of the family by building on the strengths of family members. To return the child to his family or an alternative lower level of care as quickly as possible. To assure each child achieves a permanent living situation.

Client outcomes expected or achieved:

To achieve reunification and permanency. To help families reach their goals. We expect each child will leave Glove House successfully and have a permanent place to live and thrive.

Program: Residential Placements by CSE (Committee on Special Education), OMRDD (Office of Mental Retardation & Developmental Disabilities) or through OMH (Office of Mental Health)

Name: CSE: CSE Chair of Child's School
OMRDD: Sandy Connor, Broome Developmental Services
OMH: Stu Grinnell, Mental Health Clinic

Phone Number: CSE: Child's School
OMRDD: (607)273-0811
OMH: (607)274-6200

Description of Program and Services:

- CSE: Private, not-for-profit in state or out of state residential schools or state operated schools which provide a full range of diagnostic services and or specialized education in a residential setting. Educational progress reports on each student must be provided by the school to the local CSE at least once a year or on request. These placements must be made by the child's CSE. The child remains in the custody of the parent. CSE is for children age 3 up to 21 or over 21 if receiving transitional care. The child must be disabled. The Individual Education Plan (IEP) must determine the placement is the least restrictive placement to meet the youth's needs. Certain notices must be provided to parents and certain actions may not be carried out without parent's written consent. See "Special Education in New York State age 3-21, A Parents Guide."
- OMRDD: OMRDD has an array of community based, diagnostic, educational and residential programs for youth and their families. Residential placements are approved by OMRDD. The child may be in the custody of the parent or the DSS.
- OMH: Licenses and operates residential treatment facilities. Residential placements must be approved by OMH. The child may be the custody of the parent or the DSS.
- If the child meets the criteria for services through the Committee on Special Education, Office of Mental Retardation and Developmental Disabilities, and or Office of Mental Health, we recommend contacting the numbers listed and exploring services that may be available through these systems.

Criteria for Admission (include age, income limits):

Varies: CSE must be referred by CSE
OMH must be referred by SPOA

Program: Office of Children & Family Services Residential Treatment Centers – New York State

Name: Varies

Address: Varies

Phone Number: Varies

Description of Program and Services:

- Secure residential settings operated by the New York State Office of Children and Family Services
- Youth are initially sent to a processing center and then placed in approximately two weeks in a facility
- Youth receive education, health care, counseling and recreation services

Criteria for Admission (include age, income limits):

- Placement must be the result of a Court finding the youth has committed a designated felony act
- The Court must consider certain things before making this order including the best interest of the child and the protection of the community.
- The youth is placed in the custody of the New York State Office of Children and Family Services.

Program: Adolescent Psychiatric Inpatient Program

Name: Cayuga Medical Center

Address: 101 Dates Drive, Ithaca

Phone Number: (607) 274-4209

Description of Program and Services:

- Holistic treatment team approach to short-term crisis stabilization. The treatment team consists of the unit psychiatrist, psychologist, unit director, social worker, recreation therapist, nursing staff, teacher, and hospital chaplain. Adolescents participate in daily discussions with the treatment team with a focus on core issues that led to their hospitalization.
- Family meetings are arranged to include parents or guardians in their child's treatment. Families can give consent to include other service providers in the meeting such as the child's case manager, school counselor, probation officer, etc.
- Psychiatrist and psychologist work collaboratively to help clarify the adolescent's diagnosis. Psychiatrist may suggest recommendations for medication or implement medication adjustments.
- Adolescents participate in a variety of therapeutic and skill building groups such as anger management, communication, coping skills, and relaxation. There is a unit teacher who collaborates with the adolescent's home district to collect school work and provides two hours of academic tutoring a day.
- Adolescents are linked to appropriate outpatient mental health services and community supports at time of discharge to ensure continuation of care.
- Length of stay varies according to each patient's needs, but the average length of stay is between six to eight days. If deemed necessary, adolescents can be referred for longer term hospitalization to Elmira Psychiatric Center or to another facility that has longer term treatment appropriate for the individual adolescent's needs.

Criteria for Admission (include age, income limits):

- Admission to the Adolescent Psychiatric Unit at Cayuga Medical Center is offered to individuals' ages 13 to 17 who qualify medically as a danger to themselves or others.
- Adolescents and children can be referred to other short-term psychiatric units if there are no beds available at Cayuga Medical Center or if they are below the age of 13. This would require an emergency room evaluation and transfer to an accepting facility.

Cost to Client:

- Cost varies depending on the individual's insurance benefits.
- Financial aid offered to uninsured individuals.

Client outcomes expected or achieved:

- Stabilization of child’s behaviors and symptoms to ensure a safe return to their home, community, and school.

Program: Alcohol & Drug Council of Tompkins Co., Inc.

Name: Diana McComb, LCSW-R, Clinical Director

Address: 201 East Green Street, 5th Floor, Ithaca, New York 14850

Phone Number: 607-274-6288 **FAX: 607-274-6280**

Description of Program and Services:

- The Outpatient Clinic offers comprehensive evaluation and treatment for individuals, family members and significant others, regarding the use of alcohol and drugs. Outpatient treatment is a combination of individual and group treatment, with collateral contact as needed. Education groups are also available.
- A specialized treatment program is offered for adolescents which includes individual therapy, group therapy on Tuesdays and Thursdays 4:00 – 5:00 P.M., with collateral contact and coordination with other community service providers (such as Probation, Department of Social Services, County Mental Health, Family Treatment Court, etc.) as needed. Family therapy is also available.
- Psychiatric consultation is available on a limited basis. Medication consultation and monitoring is also available.

Criteria for Admission:

- Clients of the Outpatient Clinic must have an abuse or dependence diagnosis, or can be family members/significant others of an individual with an alcohol or substance abuse problem.
- No income or residency limits

Cost to Client:

- There is a fee for service which is often covered by insurance or Medicaid.
- If the client has no insurance or the service is not covered by insurance, an individual fee is set on a sliding scale basis.

Program performance targets expected or achieved:

- Help each individual evaluate how alcohol and/or drug use is impacting on his/her life, understand the cycle of addiction and recovery, identify the appropriate level of care and resources for treatment in the community.
- For those individuals who enter outpatient treatment, abstinence is an expectation.

The client will be expected to develop a sober support network and skills for coping with the stresses of daily life without the use of alcohol or drugs.
